



OPEN EVENING



A Summary of the Crohn's & Colitis Open Evening:

N. Rousseau, March 2019

On Thursday 7th February 2019, over 170 members of the public affected by Crohn's Disease or Ulcerative Colitis attended a 'Crohn's and Colitis Open Evening' at the John Radcliffe Hospital, Oxford.

On arrival, delegates were welcomed by the wonderful teams attending from Crohn's and Colitis UK [CCUK-Oxford], OUH, NIHR Local Clinical Research Network [LCRN] and members of the Gastro Clinical Research Team, offering a unique opportunity to meet and greet alongside refreshments and a buffet.

The event was a great success and emphasised the need for continued research into the causes, treatments and monitoring of the conditions. The programme included five of Oxford's leading Gastroenterologist clinicians:

Professor Simon Travis presented on new treatments available to patients;

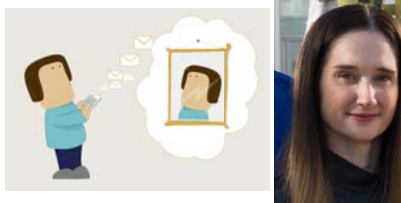
Professor Paul Klenerman provided a short introduction to the Immune system or 'Guardians of the Gut';

Professor Jack Satsangi discussed 'Personalising Care in Inflammatory Bowel Diseases';

Professor James East opened up the future prospects of 'Universal Consent'.



True Colours



Dr Alissa Walsh discussed the success of 'TrueColours', outlining how they are using technology to record individual patient data, helping identify patterns, improve patient care and streamlining clinic appointments.

If you would like to receive further information about TrueColours, please email: tcuc@ndm.ox.ac.uk

The evening paid tribute to **Professor Satish Keshav**, Clinical Director for Gastroenterology, Endoscopy and Churchill Theatres who suddenly and unexpectedly died on 23rd January, 2019. Professor Keshav was a hugely respected and valued colleague, friend and mentor. He will be greatly missed by everyone who knew him.

A fund has been set up in memory of Professor Keshav to foster clinical science:

www.campaign.ox.ac.uk/satish-keshav





OPEN EVENING



NHS
Oxford University Hospitals
NHS Foundation Trust

Following the presentations conducted by the Consultants, the Gastro Clinical Trials Research Nurses provided an overview of the facility and team. A warm introduction was then given to **two guest patient speakers** who kindly took to the stage to give their perspective of how they had benefitted personally from taking part in clinical research. With their own stories, their own motives and whether the trial was drug or technology based, the patients offered a valued experience which was positively absorbed by all attendees.

If you would like to speak further with a member of the Gastro Clinical Trials Facility, please contact the team on Tel: 01865 231618 or email CTF.Researchnurses@nhs.net



David Lee from CCUK Oxford delivered a warm welcome and overview to the audience. CCUK always welcome new members. If you would like to become a member or play or a more active role within the team/committee, they would love to hear from you.

Please email: oxfordshire@networks.crohnsandcolitis.org.uk

The programme was action packed with little room to spare! The content of the presentations shared many valuable messages to the IBD audience, including current and future developments, which led to a responsive Q&A after each session.

100% of feedback obtained stated that delegates found the event useful and would recommend the event to others. Any comments received have been taken on board and will form the basis of the next event.

Thank you to everyone involved! We look forward to seeing you again soon.

The event was hosted by the University of Oxford's Gastroenterology Unit in collaboration with Crohn's and Colitis UK [Oxfordshire Group], and supported by the NIHR-LCRN and BRC.



Natural Balanced Foods very kindly offered their support by providing a supply of Nakd and TREK bars, a healthy, wholefood based snack, which went down a treat! www.naturalbalancefoods.co.uk

